

NOW ENROLLING

Oglethorpe Presbyterian
Church Preschool



presents

Kidokinetics SPORTSPLAY

Starting
AUGUST
21st

WITH 4 CORE KINETICS



MY BODY



MY TEAM



MY EMOTIONS



MY BRAIN

\$78
PER
MONTH





ENROLL YOUR CHILD TODAY!

ITS REALLY FUN! BUT SHHHHHH... ITS ALSO REAL EXERCISE.

SportsPLAY by Kidokinetics is a weekly 30-45-minute sports enrichment class at our school where kids get to have fun, get exercise, and get introduced to new sports and activities every week from a certified coach. Every kid gets equipment, every kid plays, every time.

an intro to
NEW
sports
WEEKLY

Who: • 12:30pm - 1pm - 18 mths -2.5 years old
• 1:00 - 1:45pm - 3 -5 years old

WHAT: 30-45-MINUTE SPORTSPRAY
Kids learn and play new sports and activities each week like basketball, kickball, field hockey, golf, tennis, frisbee and more.

WHEN: WEDNESDAYS

WHERE: OGLETHORPE PRESBYTERIAN CHURCH PRESCHOOL
3016 Lanier Drive NE
Brookhaven, Ga. 30319

4 BENEFICIAL KINETICS OF ACTIVE PLAY



BODY KINETICS

FACT: Play helps kids develop their physical skills like balance, coordination, and strength, which are important for healthy growth and development.



BRAIN KINETICS

FACT: Play is essential for developing cognitive skills like concentration, critical thinking, problem-solving, memory and imagination.



EMOTION KINETICS

FACT: Play helps kids develop skills like managing stress, coping with difficult situations, better self-regulation and improved empathy skills.



TEAM KINETICS

FACT: Play in a social setting helps kids develop crucial social skills, which are essential for building strong relationships.



SCAN TO ENROLL

For More Information Call +678-390-0806
Visit: kidokinetics.com/midtownatlanta

